

Stressed out?



YOGA, Cheaper Than Therapy

White Lotus Flow Yoga in Grants Pass, Hatha Flow Yoga with Dina Press

Southern Oregon Yoga Center

now located at **Zarifa's Touch of Egypt Dance Studio** (At M Street across from Mock Motors) 914 Southwest 6th street Grants Pass Oregon 97526
www.soyoga.com contact dina at: dmpress@yahoo.com or 541 479-4398

ALL LEVELS WELCOME

See our website for complete class schedule and information

www.soyoga.com

or call 541-956-1583

for more information

Drop in's always welcome

\$10 a class

or \$40 for 5 sessions